



PRE-PROCEDURE INSTRUCTIONS

PROCEDURE DATE: _____

ARRIVAL TIME: _____

PROCEDURE TIME: _____

1. DO NOT EAT for EIGHT (8) HOURS BEFORE your procedure. Water is ok until 2 hours before your procedure.

This includes cigarettes, gum, mints, etc.

If you are not properly fasted, your procedure may be rescheduled.

2. DISCONTINUE THE FOLLOWING MEDICATIONS:

3. On the morning of your procedure, with a sip of water – take any medications prescribed for heart, blood pressure, anti-depression, pain or thyroid as scheduled. If you have any questions please call us at 360-788-9169.

4. DIABETIC PATIENTS: The morning of the procedure -

- Oral medication:** Hold oral diabetic medication until you can eat after the procedure.
- Insulin:** Single AM daily dose - Take half your usual morning dose of insulin.
Or, take insulin as follows - _____

5. LAB WORK: Have blood drawn at East Tower Admitting Station.

- between now and the day of your procedure
- the day before your procedure

6. TRANSPORTATION: We require that a responsible adult driver accompany you to and from the hospital. If you are using a cab service or public transportation you must have a responsible adult accompany you. We will not be able to perform the procedure if someone does not accompany you.

7. To reduce the risk of infection, please take a bath or shower the night before or the morning of your procedure.
* If Hibiclens wash is required, please refer to additional instructions.

8. The procedure cannot be performed if you have an active infection, flu, cold, fever, high blood pressure, uncontrolled high blood pressure or if you are on blood thinners. Please make your physician aware of any of these conditions. This is for your safety!

9. Please do not wear any cologne or perfume the day of your procedure. You may apply deodorant.

10. Check in at PeaceHealth St. Joseph Hospital's East Tower Admitting Station (Cardiovascular Services) 90 minutes prior to your procedure time.

If you have any questions or concerns regarding your procedure please call (360) 788-9169 during normal business hours.