



Hibiclens Instructions Chest Port

Before your procedure, you can play an important role in your own health. Because skin is not sterile, it is important that it is as free of germs as possible before your procedure. You can reduce the number of germs on your skin by showering before your procedure with special soap, call Hibiclens (chlorhexidine gluconate). We have provided two packets for you to use. ***Please note that this product should not be used by those with an allergy to chlorhexidine.***

- 1) Please shower or bathe with Hibiclens the night before AND the morning of your procedure. Put on freshly laundered sheets and pajamas before bed. The morning shower should take place no more than 4 hours before your arrival at the East Tower.
- 2) With each shower or bath, wash your hair with your normal shampoo.
- 3) Rinse your hair and body thoroughly after shampooing to remove any shampoo residue.
- 4) Then apply the Hibiclens soap from ear lobes to feet. Do not use Hibiclens near your eye or ears to avoid permanent injury to those areas.
- 5) Turn water off to prevent rinsing the soap off too soon. Wash your body gently for five (5) minutes. *Do not* scrub your skin too hard. *Do not* wash with your regular soap after using Hibiclens.
- 6) Turn the water back on and rinse your body thoroughly.
- 7) Pat yourself dry with a clean, soft towel.
- 8) Put on freshly laundered undergarments.

If you have any questions or concerns regarding your procedure, please call
(360) 788-9169 during normal business hours.

