



MT BAKER IMAGING

Perfusion Cardiac MR – Exam Prep

APPOINTMENT INFORMATION:

Name: _____

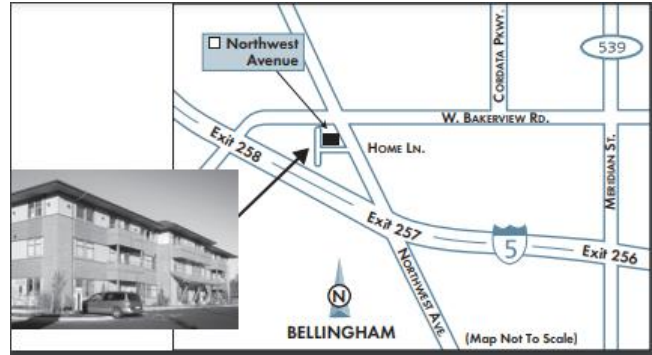
Day: _____

Date: _____

Check-in Time: _____

(Note: appointment will last approximately 2 hours)

Location: Mt. Baker Imaging - Northwest
4029 Northwest Ave., Ste 102
Bellingham, WA 98226
For any questions, please call
(360) 733-0430



Northwest Avenue, 4029 Northwest Ave., Suite 102

- If you are claustrophobic, sedation may be prescribed by your referring physician and not Mt. Baker Imaging
- No food, only water for 4 hours prior to test
- Do not apply any creams, lotions or powders on the day of test
- You will need to change into a gown and scrub pants provided to you for your exam

PREPARATION INSTRUCTIONS:

DRINKS AND FOODS TO AVOID FOR 12 HOURS

chocolate candies
chocolate cakes
brownies
chocolate pudding
energy bars or drinks
pre-workout powders
chocolate milk/chocolate protein shake
hot cocoa
coffee (brewed, instant, iced, decaf)
tea (brewed, instant, iced, decaf)
soda pop (including "caffeine-free")
energy drinks
pre-workout drinks

No caffeine in any form

MEDICATIONS TO AVOID

12 HOURS OTC and Prescription drugs containing caffeine		48 HOURS
Anacin©	Cafergot© (ergotamine tartrate)	Prescription drugs containing dipyridamole
Excedrin©	Esgic© (butalbital)	Aggrenox© (aspirin, dipyridamole)
Vivarin©	Fioricet© (butalbital)	Persantine© (dipyridamole)
NoDoz©	Fiorinal©	Prescription drugs containing theophylline (bring to appointment)
4 HOURS – Heart Medications		Elixophyllin© (theophylline)
Beta Blockers Metoprolol	Oterolol Carvedilol	Theo-24© (theophylline)

Take your blood pressure medications as normal.

Diabetic?

Do not take metformin or other oral diabetes medication the day of your MRI. Bring it with you to your MRI appointment and take after exam is complete.

If you wear a glucose monitor, bring a new cartridge to your appointment. You will need to remove the one you are wearing prior to entering the MRI room.

Asthma? Bring medication to appointment.