



# MT BAKER IMAGING

## Perfusion Cardiac MR – Exam Prep

### APPOINTMENT INFORMATION:

Name: \_\_\_\_\_

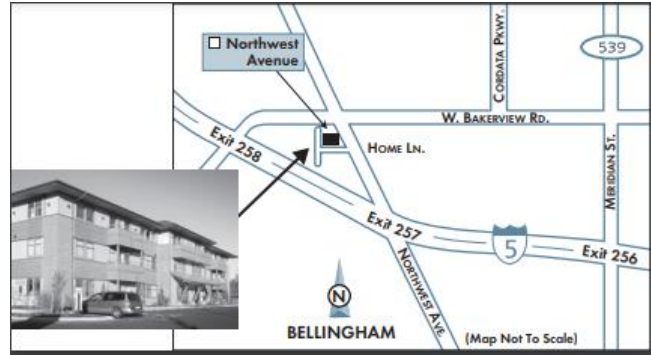
Day: \_\_\_\_\_

Date: \_\_\_\_\_

Check-in Time: \_\_\_\_\_

**(Note: appointment will last approximately 2 hours)**

**Location: Mt. Baker Imaging - Northwest**  
4029 Northwest Ave., Ste 102  
Bellingham, WA 98226  
For any questions, please call  
(360) 733-0430



Northwest Avenue, 4029 Northwest Ave., Suite 102

- If you are claustrophobic, sedation may be prescribed by your referring physician and not Mt. Baker Imaging
- No food, only water for 4 hours prior to test
- Do not apply any creams, lotions or powders on the day of test
- You will need to change into a gown and scrub pants provided to you for your exam
- Male patients' chest will be shaved for exam. Okay to prepare prior to exam.

## PREPARATION INSTRUCTIONS:

### DRINKS AND FOODS TO AVOID FOR 12 HOURS

- chocolate candies
- chocolate cakes
- brownies
- chocolate pudding
- energy bars or drinks
- pre-workout powders
- chocolate milk/chocolate protein shake
- hot cocoa
- coffee (brewed, instant, iced, decaf)**
- tea (brewed, instant, iced, decaf)**
- soda pop (including "caffeine-free")**
- energy drinks**
- pre-workout drinks

**No caffeine in any form**

### MEDICATIONS TO AVOID

#### 12 HOURS OTC and Prescription drugs containing caffeine

Anacin©	Cafergot© (ergotamine tartrate)
Excedrin©	Esgic© (butalbital)
Vivarin©	Fioricet© (butalbital)
NoDoz©	Fiorinal©

#### 4 HOURS – Heart Medications

Beta Blockers Metoprolol	Oterolol Carredilol
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#### 48 HOURS

- Prescription drugs containing dipyridamole**
- Aggrenox©  
(aspirin, dipyridamole)
- Persantine©  
(dipyridamole)
- Prescription drugs containing theophylline (bring to appointment)**
- Elixophyllin©  
(theophylline)
- Theo-24©  
(theophylline)

Take your blood pressure medications as normal.

#### Diabetic?

Do not take metformin or other oral diabetes medication the day of your MRI. Bring it with you to your MRI appointment and take after exam is complete.

If you wear a glucose monitor, bring a new cartridge to your appointment. You will need to remove the one you are wearing prior to entering the MRI room.

**Asthma?** Bring medication to appointment.